The main objective of this piece was to take the viewer on a brief journey through various environments. After finishing it, I noticed that I had unintentionally sequenced the video in chronological order. On further inspection, I realized all the video and audio had been recorded in the course of a twenty-four period on the day I made a 1,750mi trip from Jamaica to Florida to Chicago. It begins in the morning with a sunrise and ends with some footage of my band playing live on the night I returned home. The audio is an unedited excerpt of from the set we played that evening. If I had to give this piece a title, it would probably be “Left Behind” because of the visual elements that involve movement and speed. Also, that title symbolizes how we leave behind pieces of ourselves as we traverse large distances.